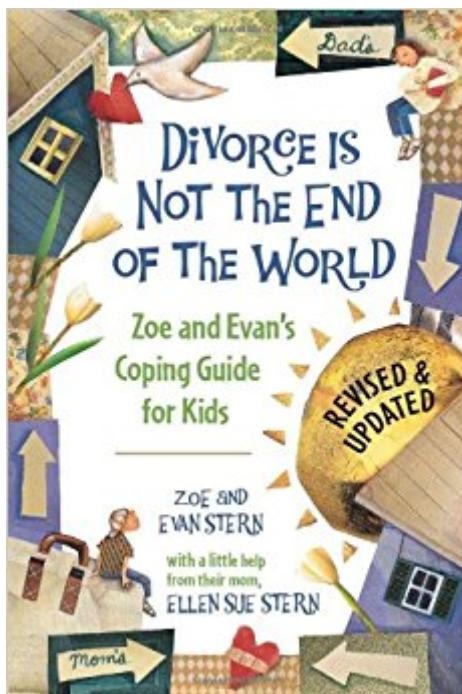


The book was found

# Divorce Is Not The End Of The World: Zoe's And Evan's Coping Guide For Kids



## Synopsis

"An upbeat look at the ways in which, with the right support, kids of divorce can grow stronger and more able to navigate life's storms. I recommend this kid-friendly, parent-helpful resource." --M. Gary Neumann, LHMC, *Helping Your Kids Cope With Divorce* the Sandcastles Way

Zoe and Evan Stern know firsthand how it feels when your parents divorce. When their parents split they knew their lives would change but they didn't know how. A few years later, when they were 15 and 13 years old, they decided to share their experience in this positive and practical guide for kids. With some help from their mom, Zoe and Evan write about topics like guilt, anger, fear, adjusting to different rules in different houses, dealing with special occasions like birthdays, adapting to stepparents and blended families, and much more. Including updates from grown-up Zoe and Evan 10 years later, this honest guide will reassure children of divorce that, though it may seem it sometimes, it's not the end of the world. Advice for kids-by kids-about divorce. More than 28,000 copies sold.

Revised edition includes "looking back" updates from Zoe and Evan.

## Book Information

Paperback: 112 pages

Publisher: Tricycle Press; Rev Upd edition (March 1, 2008)

Language: English

ISBN-10: 1582462410

ISBN-13: 978-1582462417

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 31 customer reviews

Best Sellers Rank: #46,888 in Books (See Top 100 in Books) #23 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce #151 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills #212 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Parents

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

Ellen Sue Stern is the founder of Expecting Change Workshops, President of Stern Literary Enterprises, a Celebrity Ambassador for the National MS Society, and the author of twenty books.

Her writing has been featured in Self, Women's Day, Marie Claire, Sports Illustrated, WebMd, Match.com, and CNN.com.

My 9 year old daughter is having a difficult time with the divorce between her father and I, so I thought this might help. She actually said she feels like she can really relate to everything the book has to say about divorce. I'm glad she found a tool to help her get through this.

Bought for one Kids, so far 3 have passed it around. None of them mine.

An excellent read for a tween whose parents were going through a divorce. Written by kids the age of the tween it was bought for, it acknowledges real-world feelings. Instead of telling the reader that "everything is okay and going to be peachy" it provides them an outlet to privately work out negative emotions, scary emotions, all the while telling them that these feelings are okay and that they will recover and get through it. It is an interactive book and is designed for the tween to go through it at their own pace. It's written in their language (not using PhD-level psych words) so they can understand and relate. It helped the reader to ask different types of questions and explore their feelings deeper instead of trying to shut down and hide their feelings.

Two 10yo girls in our family found this very helpful and it spoke to them in a way they could feel like it was for them.

Shockingly truthful.... I asked my daughter the other day what she think , she also agreed. Very helpful to understand how the child experience is

What a great book this is! Written by kids, for kids. It speaks to them on their terms, in real language. Even encourages interacting and communicating with their parents about what they are feeling. Must have resource, in my opinion, for anyone going through a divorce with kids.

Thank you!

Couldn't find many books for my 10 year old grandson going through his parents' divorce. This one covers all bases. I love it.

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